



## **Anxiety     Luke 12:22-34**

### **Something to Start Us Off**

- In the previous section, Jesus just taught us about a godly attitude toward money and possessions. What connections do you see with that and this lesson on anxiety?

### **Something to Notice**

- In 12:22-23, Jesus tells his disciples not to be anxious about two specific things. What are they?
- Jesus then asks his disciples to consider two things by way of comparison. What are they? (See 12:24 & 27.)
- Ultimately, where do we want both our treasure and our heart to be? (See 12:33-34.)

### **Something to Understand**

12:25 The analogy Jesus uses is of adding one cubit (about 18 inches) to our lifespan. It is as if our life was measured in a timeline, having a certain length or distance to cover.

This passage has parallels in the Sermon on the Mount, in Matthew 6. Just FYI.

- What sort of things prompt you to worry? Does Jesus address any of them here?
- When have you seen God dramatically provide for your needs – or the needs of someone else that you know? In what ways is that encouraging to you now?
- Take a good look at v.34. How, according to Jesus, do we go about getting our heart to stay focused on heaven?

### **Something to Take Home**

- Based on our study of this section of Luke 12, how would you describe a Christian attitude toward anxiety?
- Is there anything else from this look at Luke 12:13-21 that you especially want to remember for future reference? Can you explain why?